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Grade: IX
Subject: Psychology
Topic : Friendship and communication through sport
Lesson type: A lesson to summarize and systematize knowledge, skills and attitudes.

Lesson Objectives:
A / Educational:
1. Understand the importance and functioning of the community
2. To know the role of the main social communities / family, friends, colleagues / for personal and professional development.
B / Educational:
1. To build a sense of understanding and respect for differences between people.
2. To develop a sense of self-assertion and tolerance in communicating with others through sport.
C / Developing
1. To develop the skill to guide the world of human relationships.
2. Build skills for harmonious interaction with others and overcoming interpersonal conflicts through sport.

Lesson Tasks:
A / Educational:
1. To identify the basic characteristics of social communities.
2. To learn ways to communicate.
- verbal communication and language without words using some games.
B / Educational:
1. To foster empathy and tolerance in communication
C / Developing;
1. To build a sense of self-standing and assertion of personal opinion practicing some sport.

2. To build skills to overcome interpersonal conflicts.

Learning methods: Formal debate, discussion, talk, interpretation

Plan:

1. Friendship
2. The language of the gestures
3. Word-based language

Basic concepts:

Friendship, verbal and nonverbal communication, communication, gestures, mimics, adolescent groupq sport activities.

Lesson: 40 min

I. Organizational points:

- Greetings to the class
- Introductory words and check availability of students

II. Knowledge Update: -10 min.

- is done by asking frontal questions:
- What do you think about friendship ?
- What is the difference between love and friendship? Are these concepts complementary or self-exclusion?
- How can sport games develop you personality?
- Based on what you have learned so far, how do you imagine a world in which people can not communicate in any way? Show us non verbal communication using all body or doing some interactive games!

I. Formulate the theme of the new lesson (recorded on the board). A brief introduction in relation to the previous lesson and the creation of an attitude towards the new topic.

Checking homework and discussion.

II. Presentation of the new topic. The teacher emphasizes the main points of the lesson, and the students record the basic concepts and short definitions, take part in the discussions. Increasing motivation through sport.

In their childhood, people experience the most incongruous and free-irresponsible moments of their lives. A self-aware youngster can no longer and does not want to remain in such immediate and impulsive contact with reality.

1. Friendship.

True friendship is one of the best things that can happen to us in life. Through friendship one understands the joy of giving, happiness to be consumed.

- friendship as a spiritual choice.

Questions:

1. Why do you think people try to have friends?
/ afraid of loneliness, having friends is prestigious, sharing with someone the feeling and the thoughts, being more relaxed ... /
2. What are the reasons most often leading to disintegration of friendship? Tell us about the latest disappointment in friendly relations.
3. Is it possible to have true unselfish friendship?
Exercise: Solve the case "The Power You Can Say No"
Sport games - using balls, cards, crossing hands etc.

2. The language without words / the language of grimaces, sighs and rays.
Definition: Communication is a connection or inclusion, it is an expression of unique interpersonal communication. Sharing information that helps converge and understand people. It is verbal and non-verbal.
- non-verbal language
Exercise: What's the difference between animal language and people's language? Is it possible to communicate fully if we do not use any gestures or mimics? Argument yourself.
- The body language
  Case Study: "The First Impressions"
  - Sport outgoing game – Adventurous students. Setting roles, jumping, singing, running.

- Word-based language / verbal communication /
- Words keep the point

Questions:

1. How do you imagine a world in which people can not communicate in any way?
2. Did you have difficulty communicating with your friends or relatives? How did you overcome them?

Game: Draw Your Thoughts. Use your body to show us your emotions – sport game..
Draw the words "prejudice," "vanity," "inclination," "conformism," to your students with the help of mimics and gestures.
Draw a drawing on "Prejudices - the limits of the personality that she puts herself".

Summary and interpretation of the results.

Discussion:
"Changing Attitudes or Being Convinced"

Questions: 1. What are your most important views and attitudes that you would like to be accepted by others?

1. Who has influenced you most strongly in forming your beliefs? How?
2. Opening day – Sport competition at school..

V. Lesson Summary

Recall the theme of the lesson.

Summarize the material, recalling the main points. Conclusions are made about harmonious and tolerant communication with people.

VI. Homework - 5 min.

Essay: "The real friend comes to you when everyone else is running." P.Aretino

Assessments of the tested:

Marks are received by students who have taken an active part in the discussion.

Closing moment:

The topic of the other lesson is reported.

Release of the class.